

Site: Waiakea Recreation Center
(808)961-8733

Recreation Director II: Shannon Ochi
Recreation Tech II: Vacant

1634 Kamehameha Ave. Hilo
Mon/Wed/Fri: 7:45a-4:30p; Tue/Thu: 12p-8p

SPORTS ACTIVITIES	REGISTRATION	PROGRAM	AGES	FEES	DAY(S)	TIMES
Intro to Archery	Oct. 7 till filled	Nov. 6-Dec. 18, 2024	10 and Up	\$10	Wednesdays	3:30p - 4:30p
Intermediate Archery	Oct. 7 till filled	Nov. 6-Dec. 18, 2024	10 and Up	\$10	Wednesdays	4:30p-5:30p
Baseball Warmup & Recovery Training	Ongoing till filled	Oct. 7-Dec. 13, 2024	10 & Up	\$10	Mondays & Fridays	2:30p-3:30p
Fundamentals of Pitching	Ongoing till filled	Oct. 7-Dec. 13, 2024	10 & Up	\$10	Mondays & Fridays	3:30p-4:30p
PHYSICAL FITNESS	REGISTRATION	PROGRAM	AGES	FEES	DAY(S)	TIMES
Strength & Conditioning	Ongoing till filled	Oct. 7-Dec. 13, 2024	10 & Up	\$10	Days & times are by appointment	
ARTS & CRAFTS	REGISTRATION	PROGRAM	AGES	FEES	DAY(S)	TIMES
Fishing Fly Tying	Ongoing till filled	Oct. 7, 2024	10 & Up	\$5	Monday	8:30a-10:00a
Cooking Class	Ongoing till filled	Oct. 10, 2024	10 & Up	\$10	Thursday	10:00a-12:00p

ONGOING PROGRAMS

Morning Fitness: October 2-December 18, 2024 Mondays & Wednesdays from 9:00a - 10:00a Age: Adults

Intro to Archery: September 4 - October 9, 2024 Wednesdays from 3:30p - 4:30p ages 10 & Up

Intermediate Archery: September 4 - October 9, 2024 Wednesdays from 4:30p - 5:30p ages 10 & Up

COMMUNITY INTEREST

A.P. BOXING Contact: Anthony Pagan at (808) 937-1869

CANDA TAE KWON DO Contact: Tito Agbayani at (808) 937-8795

CONCEPTS IN MOTION JEET KUN DO Contact: Karl Carlisle at (808) 217-6100

HAYAITE SHUTOKAN KARATE Contact: George Rolon at (808) 934-0720

HAWAII ISLAND 4-H PROGRAM Contact: Becky Settlege at (808) 969-8213

HILO RENSHINKAN KENDO Contact: Curtis Nishioka at (808) 935-6860

HILO SEISHIKAN AIKIDO CLUB Contact: Stephen Adams at (808) 936-9089

HILO SHIN SHIN TOITSU AIKIDO CLUB Contact: David Kaneshiro at (808) 430-1691

ICHIMIKAN JUDO CLUB Contact: Craig Kurakazu at (808) 937-6316

INTERNATIONAL KARATE LEAGUE Contact: Guy Sakai at (808) 961-8733

KONGO ZEN SHORINJI KARATE Contact: Yoshi Obasa at (808) 966-9132

SHUDOKAN JUDO CLUB Contact: Mike Hayashi at (808) 333-9909

WAIAKEA JUDO CLUB Contact: Ronald Takeya at (808) 936-9503

Program Guides can be accessed by going on-line: <http://www.parks.hawaiicounty.gov/facilities-parks/recreation>

POLICY OF NON-DISCRIMINATION ON THE BASIS OF DISABILITY

The Department of Parks and Recreation provides recreational opportunities without regard to race, color, national origin, age, sex, religion or disability. Please call Randell Kokubun, Recreation Specialist II, at 808-961-8681 to discuss your need for reasonable accommodation or for more information on site accessibility.

Hawaii County is an Equal Opportunity Provider and Employer.