## County of Hawaii PARKS & RECREATION - CULTURE & EDUCATION DIVISION

(808) 961-8706

2024 WINTER SESSION CLASSES OFFERED EAST HAWAII

\*Class details are subject to change. Please contact our office with any questions or for more information

ID	CLASS	INSTRUCTOR	DAYS	DATES	TIME	PLACE	SSNS	COST
	02/100	MOTROSTON.	Brito	Britze	THVIC	1 2/102	00110	- 0001
W1	MORNING YOGA	LINDA DAMAS	MON / WED	8/5/24 - 9/9/24	8:30 AM - 9:45 AM	CULTURE & ED.	10	\$30.00
W2	MORNING YOGA	LINDA DAMAS	MON / WED	9/11/24 - 10/14/24	8:30 AM - 9:45 AM	CULTURE & ED.	10	\$30.00
	MODNING VOCA	LINIDA DAMAO	MONI / MED	40/40/04 44/00/04	0.00 484 0.45 484		40	<b>#</b> 00.00
W3	MORNING YOGA	LINDA DAMAS	MON / WED	10/16/24 - 11/20/24	8:30 AM - 9:45 AM	CULTURE & ED.	10	\$30.00
W4	MORNING YOGA	LINDA DAMAS	MON / WED	11/25/24 - 12/18/24	8:30 AM - 9:45 AM	CULTURE & ED.	8	\$24.00
W5	QI GONG	WORKSHOP	TUES / THUR	8/6/24 - 9/5/24	8:30 AM - 9:45 AM	HILO ARMORY	10	TBD
				5, 5, = : 5, 5, = :				
W6	QI GONG	WORKSHOP	TUES / THUR	9/10/24 - 10/10/24	8:30 AM - 9:45 AM	HILO ARMORY	10	TBD
W7	QI GONG	WORKSHOP	TUES / THUR	10/15/24 - 11/19/24	8:30 AM - 9:45 AM	HILO ARMORY	10	TBD
W8	QI GONG	WORKSHOP	TUES / THUR	11/21/24 - 12/19/24	8:30 AM - 9:45 AM	HILO ARMORY	8	TBD
W9	BEGINNING QI GONG	COURTNEY ZAJICEK	WEDNESDAY	8/7/24 - 10/9/24	8:30 AM - 9:45 AM	HILO ARMORY	10	\$30.00
W10	BEGINNING QI GONG	COURTNEY ZAJICEK	WEDNESDAY	10/16/24 - 12/18/24	8:30 AM - 9:45 AM	HILO ARMORY	10	\$30.00
W11	CONTINUING YOGA	CATHERINE SOUTHERN	TU/TH/FR	8/6/24 - 9/3/24	7:00 AM - 8:00 AM	CULTURE & ED.	12	\$36.00
****	221111101110110110			5.5.2. 5.5.2.			·-	700.00
W12	CONTINUING YOGA	CATHERINE SOUTHERN	TU/TH/FR	9/5/24 - 10/1/24	7:00 AM - 8:00 AM	CULTURE & ED.	12	\$36.00
W13	CONTINUING YOGA	CATHERINE SOUTHERN	TU/TH/FR	10/3/24 - 10/25/24	7:00 AM - 8:00 AM	CULTURE & ED.	11	\$33.00

## POLICY OF NON-DISCRIMINATION ON THE BASIS OF DISABILITY

The Dept. of Parks and Recreation provides recreational opportunities without regards to race, color, national origin, age, sex, religion or disability. Please call Randell Kokubun, Recreation Specialist II at 961-8681 / BTTY 961-8736 to discuss your need for reasonable accommodation, or for more information on site accessibility.

The County of Hawaii is an Equal Opportunity Provider and Employer.

## County of Hawaii PARKS & RECREATION - CULTURE & EDUCATION DIVISION

(808) 961-8706

2024 WINTER SESSION CLASSES OFFERED EAST HAWAII

\*Class details are subject to change. Please contact our office with any questions or for more information

CLASS	INSTRUCTOR	DAYS	DATES	TIME	PLACE	SSNS	COST
CONTINUING YOGA	CATHERINE SOUTHERN	TU/TH/FR	10/29/24 - 11/22/24	7:00 AM - 8:00 AM	CULTURE & ED.	11	\$33.00
CONTINUING YOGA	CATHERINE SOUTHERN	TU/TH/FR	11/26/24 - 12/20/24	7:00 AM - 8:00 AM	CULTURE & ED.	11	\$33.00
CONTINUING YOGA	CATHERINE SOUTHERN	WEDNESDAY	8/7/24 - 10/9/24	5:00 PM - 6:30 PM	CULTURE & ED.	10	\$30.00
CONTINUING YOGA	CATHERINE SOUTHERN	WEDNESDAY	10/16/24 - 12/18/24	5:00 PM - 6:30 PM	CULTURE & ED.	10	\$30.00
CONTINUING YOGA	CATHERINE SOUTHERN	SATURDAY	8/10/24 - 10/12/24	9:30 AM - 10:30 AM	CULTURE & ED.	10	\$30.00
CONTINUING YOGA	CATHERINE SOUTHERN	SATURDAY	10/19/24 - 12/21/24	9:30 AM - 10:30 AM	CULTURE & ED.	10	\$30.00
CONTINUING YOGA	CATHERINE SOUTHERN	SUNDAY	8/11/24 - 10/13/24	5:30 PM - 6:30 PM	CULTURE & ED.	10	\$30.00
CONTINUING YOGA	CATHERINE SOUTHERN	SUNDAY	10/20/24 - 12/22/24	5:30 PM - 6:30 PM	CULTURE & ED.	9	\$27.00
BEGINNERS KNITTING	CATHERINE SOUTHERN	WEDNESDAY	8/7/24 - 10/9/24	4:00 PM - 5:00 PM	CULTURE & ED.	10	\$30.00
BEGINNERS KNITTING	CATHERINE SOUTHERN	WEDNESDAY	10/16/24 - 12/18/24	4:00 PM - 5:00 PM	CULTURE & ED.	10	\$30.00
BEGINNERS KNITTING	CATHERINE SOUTHERN	SATURDAY	8/10/24 - 10/12/24	11:00 AM - 12:00 PM	CULTURE & ED.	10	\$30.00
BEGINNERS KNITTING	CATHERINE SOUTHERN	SATURDAY	10/19/24 - 12/21/24	11:00 AM - 12:00 PM	CULTURE & ED.	10	\$30.00
	CONTINUING YOGA  BEGINNERS KNITTING  BEGINNERS KNITTING  BEGINNERS KNITTING	CONTINUING YOGA CATHERINE SOUTHERN  BEGINNERS KNITTING CATHERINE SOUTHERN  BEGINNERS KNITTING CATHERINE SOUTHERN  CATHERINE SOUTHERN  CATHERINE SOUTHERN  CATHERINE SOUTHERN	CONTINUING YOGA  CATHERINE SOUTHERN  TU/TH/FR  CONTINUING YOGA  CATHERINE SOUTHERN  CONTINUING YOGA  CATHERINE SOUTHERN  WEDNESDAY  CONTINUING YOGA  CATHERINE SOUTHERN  WEDNESDAY  CONTINUING YOGA  CATHERINE SOUTHERN  SATURDAY  CONTINUING YOGA  CATHERINE SOUTHERN  SATURDAY  CONTINUING YOGA  CATHERINE SOUTHERN  SUNDAY  CONTINUING YOGA  CATHERINE SOUTHERN  SUNDAY  BEGINNERS KNITTING  CATHERINE SOUTHERN  WEDNESDAY  BEGINNERS KNITTING  CATHERINE SOUTHERN  WEDNESDAY  BEGINNERS KNITTING  CATHERINE SOUTHERN  WEDNESDAY  BEGINNERS KNITTING  CATHERINE SOUTHERN  SATURDAY	CONTINUING YOGA  CATHERINE SOUTHERN  TU / TH / FR  10/29/24 - 11/22/24  CONTINUING YOGA  CATHERINE SOUTHERN  WEDNESDAY  8/7/24 - 10/9/24  CONTINUING YOGA  CATHERINE SOUTHERN  WEDNESDAY  10/16/24 - 12/18/24  CONTINUING YOGA  CATHERINE SOUTHERN  WEDNESDAY  10/16/24 - 12/18/24  CONTINUING YOGA  CATHERINE SOUTHERN  SATURDAY  10/19/24 - 10/12/24  CONTINUING YOGA  CATHERINE SOUTHERN  SATURDAY  10/19/24 - 12/21/24  CONTINUING YOGA  CATHERINE SOUTHERN  SUNDAY  8/11/24 - 10/13/24  CONTINUING YOGA  CATHERINE SOUTHERN  SUNDAY  8/11/24 - 10/9/24  BEGINNERS KNITTING  CATHERINE SOUTHERN  WEDNESDAY  8/7/24 - 10/9/24  BEGINNERS KNITTING  CATHERINE SOUTHERN  WEDNESDAY  8/10/24 - 12/18/24  BEGINNERS KNITTING  CATHERINE SOUTHERN  SATURDAY  8/10/24 - 10/12/24	CONTINUING YOGA CATHERINE SOUTHERN TU / TH / FR 10/29/24 - 11/22/24 7:00 AM - 8:00 AM CONTINUING YOGA CATHERINE SOUTHERN WEDNESDAY 8/7/24 - 10/9/24 5:00 PM - 6:30 PM CONTINUING YOGA CATHERINE SOUTHERN WEDNESDAY 10/16/24 - 12/18/24 5:00 PM - 6:30 PM CONTINUING YOGA CATHERINE SOUTHERN WEDNESDAY 10/16/24 - 12/18/24 5:00 PM - 6:30 PM CONTINUING YOGA CATHERINE SOUTHERN SATURDAY 8/10/24 - 10/12/24 9:30 AM - 10:30 AM CONTINUING YOGA CATHERINE SOUTHERN SATURDAY 10/19/24 - 12/21/24 9:30 AM - 10:30 AM CONTINUING YOGA CATHERINE SOUTHERN SUNDAY 8/11/24 - 10/13/24 5:30 PM - 6:30 PM CONTINUING YOGA CATHERINE SOUTHERN SUNDAY 8/11/24 - 10/13/24 5:30 PM - 6:30 PM CONTINUING YOGA CATHERINE SOUTHERN SUNDAY 10/20/24 - 12/22/24 5:30 PM - 6:30 PM CONTINUING YOGA CATHERINE SOUTHERN WEDNESDAY 8/7/24 - 10/9/24 4:00 PM - 6:30 PM BEGINNERS KNITTING CATHERINE SOUTHERN WEDNESDAY 8/7/24 - 10/9/24 4:00 PM - 5:00 PM BEGINNERS KNITTING CATHERINE SOUTHERN SATURDAY 8/10/24 - 12/18/24 4:00 PM - 5:00 PM BEGINNERS KNITTING CATHERINE SOUTHERN SATURDAY 8/10/24 - 10/12/24 11:00 AM - 12:00 PM BEGINNERS KNITTING CATHERINE SOUTHERN SATURDAY 8/10/24 - 10/12/24 11:00 AM - 12:00 PM	CONTINUING YOGA CATHERINE SOUTHERN TU / TH / FR 10/29/24 - 11/22/24 7:00 AM - 8:00 AM CULTURE & ED.  CONTINUING YOGA CATHERINE SOUTHERN WEDNESDAY 8/7/24 - 10/9/24 5:00 PM - 6:30 PM CULTURE & ED.  CONTINUING YOGA CATHERINE SOUTHERN WEDNESDAY 10/16/24 - 12/18/24 5:00 PM - 6:30 PM CULTURE & ED.  CONTINUING YOGA CATHERINE SOUTHERN WEDNESDAY 10/16/24 - 10/12/24 9:30 AM - 10:30 AM CULTURE & ED.  CONTINUING YOGA CATHERINE SOUTHERN SATURDAY 10/19/24 - 10/12/24 9:30 AM - 10:30 AM CULTURE & ED.  CONTINUING YOGA CATHERINE SOUTHERN SATURDAY 10/19/24 - 12/21/24 9:30 AM - 10:30 AM CULTURE & ED.  CONTINUING YOGA CATHERINE SOUTHERN SUNDAY 8/11/24 - 10/13/24 5:30 PM - 6:30 PM CULTURE & ED.  CONTINUING YOGA CATHERINE SOUTHERN SUNDAY 10/20/24 - 12/22/24 5:30 PM - 6:30 PM CULTURE & ED.  BEGINNERS KNITTING CATHERINE SOUTHERN WEDNESDAY 8/7/24 - 10/9/24 4:00 PM - 5:00 PM CULTURE & ED.  BEGINNERS KNITTING CATHERINE SOUTHERN WEDNESDAY 10/16/24 - 12/18/24 4:00 PM - 5:00 PM CULTURE & ED.  BEGINNERS KNITTING CATHERINE SOUTHERN WEDNESDAY 10/16/24 - 12/18/24 4:00 PM - 5:00 PM CULTURE & ED.  BEGINNERS KNITTING CATHERINE SOUTHERN SATURDAY 8/10/24 - 10/12/24 11:00 AM - 12:00 PM CULTURE & ED.	CONTINUING YOGA CATHERINE SOUTHERN TU / TH / FR 10/29/24 - 11/22/24 7:00 AM - 8:00 AM CULTURE & ED. 11  CONTINUING YOGA CATHERINE SOUTHERN TU / TH / FR 11/26/24 - 12/20/24 7:00 AM - 8:00 AM CULTURE & ED. 11  CONTINUING YOGA CATHERINE SOUTHERN WEDNESDAY 8/7/24 - 10/9/24 5:00 PM - 6:30 PM CULTURE & ED. 10  CONTINUING YOGA CATHERINE SOUTHERN WEDNESDAY 10/16/24 - 12/18/24 5:00 PM - 6:30 PM CULTURE & ED. 10  CONTINUING YOGA CATHERINE SOUTHERN SATURDAY 8/10/24 - 10/12/24 9:30 AM - 10:30 AM CULTURE & ED. 10  CONTINUING YOGA CATHERINE SOUTHERN SATURDAY 10/19/24 - 12/21/24 9:30 AM - 10:30 AM CULTURE & ED. 10  CONTINUING YOGA CATHERINE SOUTHERN SUNDAY 8/11/24 - 10/13/24 5:30 PM - 6:30 PM CULTURE & ED. 10  CONTINUING YOGA CATHERINE SOUTHERN SUNDAY 10/20/24 - 12/22/24 5:30 PM - 6:30 PM CULTURE & ED. 10  CONTINUING YOGA CATHERINE SOUTHERN SUNDAY 10/20/24 - 12/22/24 5:30 PM - 6:30 PM CULTURE & ED. 9  BEGINNERS KNITTING CATHERINE SOUTHERN WEDNESDAY 8/7/24 - 10/9/24 4:00 PM - 5:00 PM CULTURE & ED. 10  BEGINNERS KNITTING CATHERINE SOUTHERN SATURDAY 8/10/24 - 12/18/24 4:00 PM - 5:00 PM CULTURE & ED. 10  BEGINNERS KNITTING CATHERINE SOUTHERN SATURDAY 8/10/24 - 10/12/24 11:00 AM - 12:00 PM CULTURE & ED. 10

## POLICY OF NON-DISCRIMINATION ON THE BASIS OF DISABILITY